



Crown Jellyfish

photos provided



Blackberry Jam



Creole Lady



Joan of Arc

American Hibiscus Society Show And Sale

The James E. Hendry Chapter of the American Hibiscus Society will hold its 69th annual Hibiscus Show and Plant Sale at First Assembly of God on Saturday, April 30 from 1 to 4 p.m.

This free hibiscus show is the oldest, largest and best attended hibiscus show in

Florida, attracting several hundred people annually. This continuing show is made possible through community sponsors, such as Craters & Freighters, Driftwood Garden Center, Edison National Bank, Dr. Jacob Goldberger, Hooters, Donna Sublett, Tim's Tree Service and Wilford & Lee.

"The event will showcase hundreds of different hybrid hibiscus blooms in a variety of colors and forms which will be judged in several different classes including amateur, collector, open collector,

commercial, miniatures and seedlings," said Jack Bernatz, society president. In addition, more than 500 hybrid hibiscus plants will be for sale. Free raffle tickets will be given away every 30 minutes for gift certificates from various businesses.

The hibiscus is a delicate and beautiful plant that grows abundantly in Florida's tropical climate. The following hybrid plants will be for sale at this show: A Mother's Dream, Avery's Candy Corn, Black Jack, Blackberry Jam, Bold Idea, Cajun Paprika, Cajun Rising Moon,

Cherry Blue, Cherry Snow, Chocolate Dream, Cocoa Royale, Connie Roush, Creole Belle, Creole Lady, Crossfire, Crown Jellyfish, Dark Princess, Fiesta del Sol, Fifi, Green Elf, In Love Again, Indigo Sunset, Joan of Arc, Kilimanjaro, Lanas Paradise, Love Pat, Magnifique, Mango Moon, Me Oh My Oh, Midnight Tryst, Mis Vale Del Rio, Nectar Pink, Orange Capitolio, Pink Pride of Hankins, Purple Magic, Quasar, Randy Henson's Legacy, Red Capitolio, Rim of Fire, Rum Rascal,

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A past celebration of the Pioneer Club of Lee County

photo courtesy Cyndi L. Hendry

Pioneer Picnic To Reunite Classes

The Pioneer Club of Lee County is celebrating the 73rd anniversary of its founding in 1949 by RA Henderson, Jr. with its annual picnic at Tinsley Pavilion on the grounds of the Lee County Civic Center on Saturday, April 30. Registration and visiting begin at 10 a.m. Lunch will be served at noon

followed by presentations and a raffle at 1 p.m.

The school classes of 1972 from Alva High, Bishop Verot High, Cypress Lake High, Dunbar High, Fort Myers High and North Fort Myers High will be recognized at the picnic as celebrating their 50th class reunions. Also recognized at the picnic will be the eldest pioneer man and woman born in Lee County; the couple married the longest (both spouses need to be in

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Elite Trombonist To Perform At Jazz Concert

The Sidney & Berne Davis Art Center will host Wycliffe Gordon on Friday, April 29 as the final performance of the Jazzy Nights Concert Series. Doors open at 6:30 p.m. and the show begins at 7:30 p.m.

Gordon received "trombonist of the year" for a record-breaking 14th time, and is best known for his work with the Lincoln Center Jazz Orchestra, under the direction of jazz maestro Wynton Marsalis. The versatile trombonist can scat, multi-note, slide and plunge, just like he stepped out of the 1930s. Gordon has played with many jazz luminaries, including Dizzy Gillespie, Joe Henderson, Branford Marsalis, Lionel Hampton, Tommy Flanagan and Shirley Horn. His musical colleagues call him "Pine Cone," since he grew up in the piney woods of Georgia.

Marsalis heard Gordon play while the trumpeter was giving a workshop at Gordon's alma mater, Florida A&M University. Their fortuitous meeting resulted in Gordon joining the Wynton Marsalis Septet, as well as the Lincoln Center Jazz Orchestra, in 1989. As a member of the illustrious band, Gordon contributed as both musician and composer. Gordon, who like Charles Mingus says he hears music in his head



Wycliffe Gordon

photo provided

all the time, has managed to write some of it down, and then hear it performed all over the world by the Lincoln Center Jazz Orchestra. Whether they know it or not, National Public Radio fans are familiar with the musician's work: In 1993, Gordon composed the NPR theme song.

Gordon, an admirer of Louis Armstrong, JJ Johnson and Jack Teagarden, prefers the melodic approach to playing and composition. His first outing was with fellow trombonist Ron Westray on their 1996 release *Bone*

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Historic Downtown Fort Myers, Then And Now:

Early Cemeteries



by Gerri Reaves, PhD

Once a town is established and growing, citizens find they need a host of things – everything from street improvements and spaces for public meetings to ordinances and a school system. They also need a cemetery once burials at private homes become untenable.

Pictured are the two earliest cemeteries: the Fort Myers Cemetery (FMC) and Woodlawn Cemetery.

The FMC was the first local cemetery established for public use, a project of the Fort Myers Cemetery Company in 1886, the year that the town was formally incorporated by the State of Florida.

The company consisted of a group of pioneers, Capt. Francis A. Hendry, the Rev. William P. Gardner, William Marion Hendry, Dr. Thomas E. Langford and Jehu J. Blount, who acquired 40 acres from Maj. James Evans for the purpose.

The racial segregation of that time dictated separation of blacks and whites even after death. Most non-white citizens were buried in private family cemeteries.

However, circa 1900, the county designated land in the same area as a burial place for “colored” gravesites. Both the city and county cemeteries were somewhat remote from the tiny business district. Even into the 1920s, city directories describe them simply as northeast of the end of Second Street or, as on Michigan Avenue, northeast of city.

From the early years, cemetery upkeep was a concern. Funds for upkeep and improvements were derived from very modest charges for each plot owner.

However, some owners did not pay or moved away, and even volunteer clean-ups were insufficient.

Enter Carl F. Roberts, who had started the town’s first undertaking and funeral



Woodlawn Cemetery was established in 1915 as the first local cemetery designated for blacks. The prominent monument (center) marks the gravesites of entrepreneur, philanthropist and chiroprapist Dr. Ella Mae Piper as well as her mother, Sarah Williams, businesswoman and community advocate

photos by Gerri Reaves



In the Fort Myers Cemetery, established in 1886, the paths named for early Fort Myers families and the venerable trees evoke pioneer days

home business in the 1890s and thus had an interest in maintaining the grounds. He was appointed the company agent in 1908, and he remained active in the cemetery association for many years. Within a couple of years of his appointment, he cleared land, graded driveways, erected fences, constructed hitching posts, re-platted the cemetery and created a map of grave locations.

More than 20 graves in the streets were disinterred and placed in the cemetery. Over 70 large pine trees were removed, a tool house built and plans for a sexton’s cottage were made.

Modest assessments of \$3 per lot were made to fund a sexton and maintenance.

Help later came from organizations like the Woman’s Civic Club, which formed the Fort Myers Cemetery Improvement Association, fundraised for cemetery beautification and asked the mayor to declare a clean-up day.

Not until 1915 was the first cemetery designated for blacks established – Woodlawn. Creating Woodlawn involved disinterring the graves on the county land and moving them to the new site near the FMC, south of Michigan and on the east side of Henderson Avenue between “B” and “C” streets.

Among the prominent black citizens later buried there include businesswoman and community advocate Sarah Williams and her daughter Dr. Ella Mae Piper, entrepreneur, philanthropist and chiroprapist.

In 1923, the city planning board recommended that the city take over the FMC from the Cemetery Association, as well as additional adjacent land. It was approved, and the plan was to develop it into a park-like setting.

In 1943, a second black cemetery, Oak Ridge, was established on the east side of Henderson. In the mid-1970s, Calvary Gardens was added along Michigan Avenue south of Oak Ridge.

The early cemeteries have changed and expanded, but older sections evoke that Fort Myers of long ago, with large trees and weathered gravestones that speak to us of those long gone.

Visit the town’s historic cemeteries and ponder the many lives that shaped history. Then visit the following two research centers to learn more about how the cemeteries came into being and changed over time.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091

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Charity Group Presents \$30,000 To Feed Children

Scott Fischer Charities recently presented Blessings in a Backpack of Southwest Florida with a check for \$30,000 to feed children every weekend during the school year when kids often go without food. The money was raised through the generosity of sponsors and golfers at the 25th annual Paul Sands Memorial Slaw Dog Invitational, organized each year by Scott Fischer and Lisa Farrell-Sands. Fischer and Farrell-Sands presented the check to Blessings in a Backpack of Southwest Florida's Executive Director Cecilia St. Arnold at Villas Elementary School in Fort Myers with several students and administrators in attendance.

"We were so humbled by the continued generosity of Slaw Dog Invitational sponsors and golfers at our 25th annual event," said Fischer, founder of Scott Fischer Charities and owner of Scott Fischer Enterprises. "Together, we raised more than we ever have in the event's history, which allows us to make an even greater community impact."

Blessings in a Backpack of Southwest Florida currently provides 201,400 meals to 5,900 children at 27 schools across Southwest Florida on weekends for an entire school year so they can return to class every Monday morning with a full stomach and an eager mind.

"With more and more families facing



Back, from left, Melissa Booth, Lisa Farrell-Sands, Cecilia St. Arnold, Scott Fischer, Darcy Neymeyer and Shane Musich; front, from left, Edward Aguilar-Tejeda, Eduardo Castro, Keilanie Rivera, Genesis Acosta and Gael Hernandez

photo provided

food insecurity, generous donations from the tournament help provide tens of thousands of meals to local children in need," said St. Arnold. "No child should have to go hungry."

This cause is near and dear to Fischer's heart. As a founding member of the board of directors for Blessings in a Backpack Southwest Florida, Fischer hopes to continue to raise money to feed more and more children each year.

Fischer and Farrell-Sands have carried on the invitational tournament in memory

of Paul Sands and his legacy impact on the community. Donations have helped to consecutively surpass the event's annual fundraising goals. David and Charlyn Veracka, representing the entire Rockstar Harley-Davidson family, upped the game by donating \$50,000 in 2020, and committed to matching up to the first \$50,000 raised in 2021 hoping to help the event set another record. The 25th annual Paul Sands Memorial Slaw Dog Invitational was held on December 15 at Cypress Lake Country Club. ❖

Letter Carrier Food Drive Coming In May

Midwest Food Bank of Florida is collaborating with the National Letter Carrier Association for the annual Letter Carrier Food Drive on Saturday, May 14. Letter carriers in Lee County will be collecting nonperishable food in or near resident mailboxes during the 30th annual food drive, the largest single-day food drive in the nation.

Summer is coming, school will be out and the need for food assistance will be greater than ever. Northerners and seasonal residents who are returning home prior to May 14 are encouraged to check their pantries for unopened food items; they may drop off their contributions at any post office.

Food collected will be distributed by local food banks such as Midwest Food Bank Florida-Fort Myers and Harry Chapin Food Bank, in addition to food pantries managed by local community agencies. All food collected is distributed to participating agencies at no cost. Virtually any kind of food may be donated in unopened, non-breakable containers. Items especially in need are peanut butter, tuna, rice, beans, canned meats, fruits, vegetables and soups.

Volunteers are needed to help letter carriers collect the food and to help sort the food once it has been collected. Contact Steve Camacho at 770-8463 or machomantwo@gmail.com ❖



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Fort Myers Art:

Comic Satire Stars Two Actors In Many Roles



by Tom Hall
 The play *Greater Tuna* began as a simple party skit based on a cartoon in Austin, Texas. By 1985, it became the most produced play in the United States, finding an instant audience

coast to coast.

A successful New York run led to an HBO special produced by Norman Lear. And through the end of April, the Off Broadway Palm brings the laugh-a-minute comedy to Southwest Florida.

Greater Tuna is a comic satire that *The Washington Post* calls “a (hilarious) tribute to the art of acting.” Just two actors portray 20 men and women (and a dog) in a tour de farce of quick-change artistry during which they treat audiences to all the glorious quirks, foibles and downright insanities of the citizens of the fictional South Texas town Tuna.

Directing *Greater Tuna* is Off Broadway Palm’s artistic producer, Paul Bernier. Portraying the over 20



Michael Santora and Michael Weaver in *Greater Tuna* photo courtesy www.artswfl.com

roles are Michael Santora and Michael Weaver, who have many quick costume changes, use inventive voice work and pull off some very creative timing.

So, if you’re looking for Texas-size laughs, join the Off Broadway Palm for *Greater Tuna*. Performances are Tuesday through Sunday evenings with selected matinees.

Ticket prices range from \$45 to \$65, with discounts available for groups of 20 or more. Tickets are can be reserved by calling 278-4422, visiting www.broadwaypalm.com or in person

at 1380 Colonial Boulevard in Fort Myers.

Gallery Showing Features Dreamy And Celebratory Paintings

DAAS CO-OP Art Gallery & Gifts is showcasing the art of visual artist and local business owner Whitney Hackett during the month of April.

Hackett’s paintings are full of vibrancy, with a vintage feel. She explores memory and nostalgia through her body of dreamy and celebratory paintings. Her innocent appreciation for everyday life encourages a childlike playfulness in her work. Through the enshrinement of simple things, she elevates the ordinary to extraordinary. The juxtaposition of her imagery speaks to the interconnectedness of all life, the way we assign meaning to the material world and the honoring of our existence.

Hackett grew up in Fort Myers, where she currently lives and works as an artist. She is the owner of Quartz and Clover, an eclectic store in the heart of downtown.

The exhibition will be on display

through Sunday, May 1.

DAAS CO-OP Art Gallery & Gifts is located within the Butterfly Estates complex at 1815 Fowler Street in Fort Myers. For more information, visit www.daascoop.com or call 590-8645.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.*

County Approves Grant For Iona Tornado Relief

Lee Board of County Commissioners voted Tuesday to approve a \$1.8 million grant agreement with the Florida Conference of the United Methodist Church to provide services to residents affected by the January 16 tornado in the Iona-McGregor area of South Fort Myers.

The State Housing Initiatives Partnership (SHIP) Disaster Assistance Grant Agreement provides state grants through the county to the Florida Conference of the United Methodist Church. The money will be used to assist a minimum of 32 households with very low, low or moderate incomes whose homes were destroyed or severely damaged. This funding is designated for individuals who are Florida residents and whose damaged home is their only residence.

To check eligibility and apply for these funds, call the Florida Conference of the United Methodist Church at 1-855-228-3862.

For more information about assistance related to the tornado, visit www.leegov.com/hurricane/storm and www.flgov.com/2022/03/10/governor-desantis-announces-2-million-in-housing-assistance-and-additional-resources-available-for-communities-impacted-by-southwest-florida-tornado.*



The Butterfly Estates

Home of the Southwest Florida’s largest native Butterfly Conservatory! Visit DAAS Art Gallery and Gifts, Bullig Cafe and Thrifty Garden Shop.

Check out our website for for information at TheButterflyEstates.com

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From page 1

Pioneer Picnic

attendance); pioneer who traveled the longest distance to the picnic; and the eldest person in attendance.

Approximately 1,200 invitations are mailed out for the picnic, of which two-thirds are sent to residents and the remainder to those people who live out of the area. There are normally 600 to 700 people in attendance. Barbecued chicken or pork, baked beans, coleslaw, rolls, chocolate chip cookies and iced tea or lemonade will be available to the attendees for \$10 per plate.

The Pioneer Club was formed to honor those living persons who had been residents of old Lee County for 50 or more years. The initial meeting was held in 1950 at the Lions Park on Cleveland Avenue in Fort Myers. The Pioneer Picnic is a social organization comprised of many of the old families of Lee County who get together

annually to catch up on one another’s lives and to have lunch together. The Pioneer Picnic traditionally is held the last Saturday in April of each year.

The eligibility requirement for membership is that the person was a resident of Lee County prior to 1972. Email pioneerleecounty@gmail.com to receive registration information or you may register the day of the picnic. There are no membership dues.

Through the generosity of the Edison and Ford Winter Estates, free admission on that weekend is given to the members of the Pioneer Club by presenting their membership card to the estates on Thursday, Friday and Saturday, April 28 to 30. An invitation has also been extended to the members of the Pioneer Club to visit The IMAG History & Science Center on the same dates.

The Lee County Civic Center is located at 11831 Bayshore Road in North Fort Myers.*

Fair Returns To JetBlue Park



Rosaries' Royal Racing Pigs

photo provided

The Fair at Fenway South is returning to JetBlue Park for three extended weekends from April 22 through May 8. Fair hours are 5 to 10 p.m. on Thursdays, 5 to 11 p.m. Fridays, 3 to 11 p.m. on Saturdays and 3 to 10 p.m. on Sundays.

The spring fair offers thrilling rides, entertainment, fair food and family fun. New attractions include Pirates of the Colombian Caribbean Thrill Show and the Big Bee Transforming Robot. Returning favorites are The Magic of Lance Gifford, Rosaries' Royal Racing Pigs, a Las Vegas Hypnosis Show and the Cowtown Petting Corral and Zoo. All entertainment and attractions are included with fair admission.

"We had such a great response to last

year's spring fair that we had to return this year," said Brian Schuman, owner of Fair Productions. "Spring is such a beautiful time in Southwest Florida, and with the longer days and more daylight it's even better."

The Fair at Fenway South features a large Kiddieland, plus more than 40 state-fair amusement rides including the Giant Ferris Wheel standing over 100 feet tall.

Admission is \$10 with free parking. You can get half-price BOGO admission coupons, Pay-One-Price (POP) Unlimited ride bracelets, discounted family 4-packs and other online purchase deals at www.fairatfenway.com.

JetBlue Park is located at 11500 Fenway South Drive in Fort Myers. Visit www.fairatfenway.com.✽

LeeTran To Offer Free Rides On Saturday

LeeTran, Lee County's transit provider, will offer free rides on all fixed-route buses for Try Transit Day on Saturday, April 23 in recognition of Earth Day.

Try Transit Day is intended to increase ridership by raising awareness of the environmental and economic benefits of utilizing public transit. Residents,

visitors and commuters are encouraged to give public transit a try to experience a greener and more economical transportation option.

The free day of rides is available on fixed-route buses and trolleys in Lee County. To view a full system map and route schedules, visit www.rideleetran.com or plan your route using the transit option in Google Maps.

LeeTran operates 26 bus routes, and an ADA paratransit service called Passport. LeeTran employs approximately 280 people and has a fleet of 52 full-size buses, 12 trolleys, five seasonal trams and 50 paratransit vans.✽

Continental Women's Club

The Continental Women's Club will hold its Fundraising Game Day at The Hideaway Country Club on Tuesday, May 10 at 10 a.m. All proceeds will benefit the scholarship fund for high school senior girls.

All ladies are welcome to attend. You can choose a game – bridge, dominoes, mahjong, scrabble, euchre, hand and foot, etc. You can choose your friends – tables of four or more.

Cost is \$24 per person, which includes a donation to the scholarship

fund and lunch, involving baked potato soup, half a sandwich (turkey or ham), assorted cookies, coffee and iced tea. There will also be a couple of raffles for participants.

To make a reservation, or for more information, contact Carol Dee Hamilton at 768-3787.✽

Dean's List

Joseph Cusick, Kristen Morello and Moriah Wolff, all students from Fort Myers, were named to the dean's list for the winter 2022 quarter at Palmer College of Chiropractic's Florida campus in Port Orange.✽



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Valerie’s House Raises \$1 Million For Forever Home

Supporters of Valerie’s House tore down the walls of grief and built up the walls of love at the capital campaign fundraiser, recently hosted by Norman and Mary Love and Elaine and Fred Hawkins.

A total of \$1 million was raised for the new forever home of Valerie’s House to be built on Veronica Shoemaker Boulevard in Fort Myers. A total of \$2.5 million has now been raised toward the \$3 million goal.

“Norman and I have always believed in the mission of Valerie’s House and Angela Melvin’s passion. To be able to witness the evolution of a child grieving into a child thriving is unbelievable,” said Mary Love.

In addition to providing a safe place for children and their families to grieve, the new 7,000-square-foot home also will allow Valerie’s House to help more children and provide wrap-around services, such as individual grief counseling to support families who desperately need it.

A \$500,000 challenge grant from David and Linda Lucas was matched by Creighton Construction & Development in December for a total of \$1 million toward the campaign. The City of Fort Myers donated land for the new home with a \$1 per year lease.

Additional major sponsors of the Valerie’s House Forever Home include the



Valerie’s House CEO Angela Melvin with David Lucas

photo provided

Clark Family Foundation, Bob and Christa Huseby, the Jordan Ashley Gutheim Foundation, Sanibel-Captiva Community Bank, Unto the Least of These Foundation in honor of John Sheppard, Victory Layne Chevrolet, Christina Schwinn, Linda and Angela DePardo, Gayle Rosemann, the Galeana Foundation, the Gerner Family Charitable Fund, Boots Tolles and the Verrill Foundation.

Guests nibbled on appetizers donated by area restaurants while viewing artwork created by the children of Valerie’s House.

Food was donated and prepared by Harold’s Cuisine, Crave, Blu Sushi and Norman Love Confections.

Valerie’s House has helped more than 2,000 children and their families since its founding in 2016 by Angela Melvin, whose own mother was killed in a car accident in 1987. One in eight children in Florida is predicted to lose a parent or sibling before the age of 25, according to the 2021 Childhood Bereavement Estimation Model.

Valerie’s House currently offers peer

support groups and other activities at locations in Fort Myers, Naples, Punta Gorda and Port Charlotte. Valerie’s House is a United Way partner agency and is fully supported by community donations.

For more information about Valerie’s House or to make a donation to the Forever Home Campaign, visit www.valereshouseswfl.org/capital-campaign, call 478-6734, or email angela@valereshouseswfl.org.

Honor Society Inductee

Aisha Lewis of Cape Coral and Erin Kyle of Fort Myers were recently initiated into The Honor Society of Phi Kappa Phi, the nation’s oldest and most selective all-discipline collegiate honor society.

Lewis was initiated at Florida State University. Kyle was initiated at University of North Florida.

Lewis and Kyle are among approximately 25,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 10:30 a.m. in house and live on Facebook. Adult Ed Forum 9:15 a.m. in Sanctuary, www.allfaithsuu.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM
Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY
Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 9 and 11 a.m. English, 10 a.m. Spanish. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonast

[ery.org](http://www.ery.org), 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Saturday 5 p.m.; Sunday 8, 9:30 and 11 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press@islandsunnews.com or call 395-1213.

Creative Nutrient Reduction Project Begins On Lake

The Florida Fish and Wildlife Conservation Commission (FWC) is leading a new, innovative project to remove invasive aquatic plants and evaluate nutrients removed to improve water quality in Lake Okeechobee in south Florida. This effort is part of the FWC's strategy to use a variety of tools and explore new techniques to best manage for quality fish and wildlife habitat in Florida. In partnership with the Florida Department of Environmental Protection, U.S. Army Corps of Engineers and the South Florida Water Management District, the work began March 8 and will cover 35 acres on the lake.

Mechanical harvesters will be used to collect invasive floating plants, such as water hyacinths, and the plants will then be processed into a slurry or semi-liquid mixture. The slurry of plants will be pumped to nearby hayfields to enhance soil. The FWC will evaluate whether the project will benefit both the water quality of the lake as well as agricultural lands receiving the slurry mix.

"This project highlights the FWC's commitment to seeking innovative and effective solutions to manage invasive aquatic plants in Florida," said Melissa Tucker, director of the FWC's Division of Habitat and Species Conservation. "While

it is too soon to tell if we will be able to use this technique on a larger scale, we are excited about the possibility of having a new tool in the toolbox."

Reducing invasive plants and their associated nutrients in Lake Okeechobee has long-term benefits to the lake and the fish and wildlife that live there. Managing invasive aquatic plants is also important for recreational opportunities for the public and to maintain accessible navigation. Unmanaged invasive plants have a variety of negative impacts that can include reducing biodiversity and ecosystem health, impeding navigation, reducing water quality and causing flooding issues.

While this project includes unique transporting methods to dispose of invasive plants and aims to utilize resources efficiently, it may not be effective in all locations and situations. The FWC uses a variety of techniques, including biological controls, mechanical removal and herbicide treatments to manage invasive aquatic plants in Florida. An integrative pest management approach using a combination of techniques often achieves the greatest results in managing invasive plants.

For general waterbody information, fishing forecasts, virtual tours, plant control operation schedules and annual workplans, boat ramp information and more, visit www.myfwc.com/lake.

To learn more about the FWC's Aquatic Plant Management Program, visit www.myfwc.com/aquaticplants.✱

Plant Smart

Whitehead Bogbutton

by Gerri Reaves

Native whitehead bogbutton (*Lachnocaulon anceps*) is a long-lived perennial wildflower of the pipewort family.

It is found in the southeastern states and as far west as Texas.

Also called common bogbuttons, it is listed as rare in South Florida by the Institute for Regional Conservation.

It occurs throughout the state in wet soils and areas that experience flooding, as the word "bog" implies – from roadsides, ditches and marshes to savannahs and pond sides.

White to pale gray button-like inflorescences appear at the top of the leafless stalks.

Densely packed and spherical, the flowerheads are a mere fifth to a third of an inch across and look like a puffball atop a pipestem.

Each tiny petal-less floret has three sepals.

They bloom in spring and summer.

This species closely resembles its relative, yellow hatpin (*Syngonanthus flavidulus*) and often grows near it. However, whitehead bogbutton is smaller and usually has hairy rather than smooth stems.

The tapered grass-like leaves are from a half to about three inches long. They form a dense spiral cluster at the base of



Whitehead bogbutton is a native member of the pipewort family photo by Gerri Reaves the plant.

Overall, the plant forms a dome of rosettes perched on super-slim stalks.

It produces a miniscule pale to dark brown seed.

This plant is an excellent choice for a bog garden. Give it full to partial shade.

Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *The Guide to Florida Wildflowers* by Walter Kingsley Taylor, <http://floranorthamerica.org>, www.fnps.org, <https://plants.ifas.ufl.edu>, and www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.✱

Honor Society Inductees

Alessio Luna of Estero and Sarah Wilson of North Fort Myers were both inducted into Omicron Delta Kappa (ODK), the national leadership honor society. Both were initiated at Florida Gulf Coast University.

ODK welcomed 578 new initiates from 25 universities during March 2022. Fewer than five percent of students on a campus are invited to join each year. Students initiated into the society must be sophomores, juniors, seniors or graduate/professional students in the top 35 percent of their class, demonstrate leadership experience in at least one of the five pillars and embrace the ODK ideals.✱

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Anticipation For Tarpon Is Over



by Capt. Matt Mitchell

The full moon in April did wonders for our tarpon fishing. After only seeing a few scattered fish, it was like the starting gate had been opened and, almost everywhere I looked

for tarpon, we found tarpon.

This big push of fish marks the start of the annual migration and some of the most amazing fishing of the year.

Switching gears to tarpon fishing is always a much anticipated time of year among both guides and anglers alike. Although I have heard of a few fish caught here and there over the past few weeks, conditions until now just have not quite been right. Water temperature is a major factor in what seems like a little bit later start than in the past few years to get to that magic 76 degrees.

Everyone you talk to has a favorite place and method to target these fish. Growing up here, I was all about setting up on an anchor at Knapps Point with cut baits. We would buy shad and cut them to create a chum slick while we soaked baits on the bottom.

This Knapps Point area can be described as the tarpon triangle when you draw a line to Naples. It is a staging



A "silver king" going airborne

photo provided

area for massive amounts of fish before they push up into the passes and bay. Although it's a huge area most days, it's about finding the threadfin herring and pretty water, and the tarpon will be there. Wind conditions play a huge factor in being able to locate fish out in this exposed area. Drifting live threadfin is now the method of choice even though cut-bait fishermen still get it done.

These tarpon will also be traveling up and down all of our beaches. Getting out early to present live baits to these fish can be extremely productive. The

beaches of Cayo Costa have extremely clear water and allow you to track these fish even while they are below the surface. Deep water close to the beaches of Captiva means these fish come in extremely close and are often in casting distance of beach anglers.

Many anglers opt to fish the passes while drifting the outgoing tide with crabs. This method can be very effective at Boca Grande, Captiva Pass, Redfish Pass and even Point Ybel. It's often very crowded, though if everyone is on the same page, it can be very successful. This

bite is more about the strong outgoing tide, and the action can go on any time of day. Over the past few years, I'm seeing more and more tarpon around the causeway bridges on this same tide pattern. Anglers setting up on a spot-lock trolling motor and drifting baits back around the pilings have been getting it done.

Many areas in the sound are magnets for these fish that return to these same places year after year. In early season, the deep hole south of Marker 8 is a popular cut-bait spot along with Marker 4 between Picnic Island and the B span of the causeway. Further up the sound, the whole back side of North Captiva will have traveling fish as they move between Redfish Pass and Captiva Pass. Deeper channels that travel both north and south from Captiva Pass turn into tarpon highways.

No matter what method or where you choose to tarpon fish, these fish are like nothing else that swims. Although this can be some of the most frustrating fishing you will ever do, with patience comes great rewards. All it takes is hooking into one of these magnificent fish and the hype is totally understood. Every spring, we are lucky enough to have a backyard where tarpon from all over the world migrate to.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪

From page 2

Historic Downtown

McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org.

Also stop by the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society, the Fort Myers Press, The News-Press and The Story of Fort Myers by Karl H. Grismer.✪

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Brown Pelican



by Bob Petcher

The brown pelican (*Pelecanus occidentalis*) is the most common species of pelican in Southwest Florida. In fact, of the eight species of aquatic bird of the family Pelecanidae, only

two can be found in North America – the brown pelican and the American white pelican, the latter of which lives in fresh water along the interior of the continent.

The brown pelican, like its cousins, is probably one of the most distinctive birds around. It is a large seabird with an S-shaped body that is made up of a giant bill, small head, long neck and stocky body.

Brown pelicans can be seen in pods, especially around fishing boats, waiting for scraps to hit the water. They are known for their diving ability, with beaks open to scoop up fish and swallow them whole. They will tip their bills down to drain the excess water prior to swallowing fish. Their extendable skin along their throats can hold nearly three gallons of water.

At CROW, an adult brown pelican was admitted after being found in Fort Myers with its beak entangled in fishing line attached to mangrove trees. Upon intake



Patient #22-1514 escaped serious injury after being entangled in monofilament line attached to a mangrove tree

photo by Adriana Ferello Sheehan

examination, staff noted a neck laceration and a small pouch laceration, two injuries suspected to be from different incidents.

"The neck laceration was a new wound leading to admit. The pouch laceration was already showing signs of healing and shrinking, and we suspect will resolved on its own with more time," said Dr. Charlotte Cournoyer, CROW veterinary intern. "The neck laceration we know was secondary to being entangled by fishing line. It is strongly suspect the pouch laceration is also secondary to fishing gear-related trauma."

While no surgery was required to

repair the wounds, the patient did need protection against infection with breaks in the skin.

"The neck laceration has been healing very well with daily bandaging," noted Dr. Cournoyer. "The beak itself appears healthy."

The patient was placed on a feeding plan and will continue to be monitored under supportive care.

"We started with a liquid diet since the patient was quite thin and worked back to fish over several days, which the patient is now eating well," said Dr. Cournoyer. "Other care includes pain medications and

antibiotics to treat infection in the wound."

The brown pelican has been at the CROW clinic for just over one week, and the prognosis from its injuries looks promising.

"The wound has been healing very well, and we suspect the patient will be able to move outside later this week, where it will get more time in water and flight conditioning prior to release," said Dr. Cournoyer.

While the patient did not sustain major injury from its beak being entangled in fishing line, the situation could have been far worse and maybe fatal in a different circumstance. This ongoing issue with monofilament line affecting wildlife continues to be an environmental problem and a concern among local conservation organizations.

"Fish hook and line entanglement is sadly a common cause of our native wildlife presenting to our hospital with injuries. We ask that you always remove all gear when fishing and leave the place more beautiful than when you found it," said Dr. Cournoyer. "Please visit www.mindyourline.org to learn more about how to safely remove hooks from birds and other tips for fishing gear removal."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Tips To Help Conserve Water

The South Florida Water Management District (SFWMD) Governing Board declared April as Water Conservation Month, highlighting the work that district staff do promoting the conservation of South Florida's most precious resource, water.

Every gallon conserved is a gallon not pulled from underground aquifers, which allows us to have enough water supply for the future and hold back saltwater intrusion from sea-level rise. Conserving water is important to ensure that families, businesses and the environment continue to thrive.

South Florida's population is forecasted to exceed 10 million people and its daily demand for water is forecasted to surpass four billion gallons per day by 2040, making the need for water planning and robust water conservation programs more important than ever.

Landscape irrigation accounts for more than half of the water used in a typical household. To promote more efficient irrigation, SFWMD previously passed a year-round Landscape Irrigation Measures Rule that limits the days and hours allowed for landscape irrigation. District officials have been working with local governments to pass local irrigation ordinances to conserve water, with 80 having adopted the ordinance and 17 having an adoption of the ordinance in progress. Following all local ordinances, governing outdoor landscape irrigation is one of the most significant contributions residents can make to conserve water.

SFWMD also supports water-saving programs and helps fund cost-sharing grants for water conservation projects. This year, SFWMD is funding \$2.5 million worth of such grants that will help conserve an estimated 1.1 billion gallons per year.

The average water usage per person

per day in South Florida has decreased drastically in the past 16 years, from nearly 170 gallons per person per day in 2005 to approximately 130 gallons per person per day in 2021. This is in part a result of water conservation programs and measures implemented throughout the district.✱

Shredding Event Next Saturday

The Pilot Club of Fort Myers and the Cape Coral Police Department are holding a shredding event at the police department on Saturday, April 30 from 9 a.m. to noon.

Individuals will be on hand to help drivers unload their boxes to be shredded. All shredding will occur on site, and proceeds will be donated to the Cape Coral Project Lifesaver Program and the pilot club. Donations of \$5 per box are suggested. There should be no binder clips or paper clips attached to paper being shredded.

The Project Lifesaver Program is a partnership of the Cape Coral Police Department and the Pilot Club of Fort Myers. This is a program where equipment is always in need of replacement due to wear and tear and advancements in technology. Individuals who tend to wander wear a personalized wristband that emits a tracking signal.

When caregivers notify the Cape Coral Police Department that the person is missing, a search and rescue team responds to the wanderer's area and starts searching with a mobile locator tracking system. Search times have been reduced from hours and days to minutes. A representative of the police department maintains contact with the individuals.

The need for this program and additional equipment will not dwindle with time, due to the growing number

of people diagnosed with Autism, ASD, Alzheimer's disease and dementia. Families of those who fall into one of these categories often do not have the money to purchase the needed equipment, so the help provided by the Pilot Club, through financial support, goes a long way.

The Cape Coral Police Department is located at 1100 Cultural Park Boulevard. For information about the Pilot Club of Fort Myers, contact the president, Joy Augustine, at 691-0069 or personalpropertyappraiser@yahoo.com.✱

Volunteers Sought For Beach And Bay Cleanup

Volunteers are needed to assist in the 2nd annual Beach and Bay Clean-Up at two locations on Fort Myers Beach on Earth Day, which is Friday, April 22. The environmental activity is hosted by Mound House.

The beach clean-up starts at 8 a.m. at Beach Access 22 (across from Connecticut Street), and will be led by a Mound House educator. The path will lead to Newton Beach Park and back to Beach Access 22, concluding at 9:30 a.m. A 15-minute break will be held at Newton Beach Park. Refreshments will be provided.

Parking will be available at the Mound House overflow parking lot at 216 Connecticut Street. Cleaning supplies will be provided.

The bay clean-up will start at Mound House at 2 p.m. and conclude by 3:30 p.m. Kayaks will be used to clean Matanzas Pass and the neighboring Estero Bay Aquatic Preserve. Volunteers are encouraged to bring and use their own kayaks. (Mound House will have a limited number of kayaks.)

Small teams in kayaks will be cleaning different sections of the area before returning to Mound House for water and pastries.

Vehicle parking will be at the Mound House overflow lot at 216 Connecticut Street. Mound House volunteers and staff will assist in parking and managing the events. Collected trash will be brought back to the Mound House,

located at 451 Connecticut Street on Fort Myers Beach. Anyone interested in participating is asked to RSVP by calling Mound House at 765-0865.✱

Storytelling Series At FGCU

Dr. Joel Ying will perform Legacy of Love during the Florida Gulf Coast University Storytelling Series at the Veterans Pavilion on the library lawn on Tuesday, April 26 from 5:30 to 7:30 p.m. The free event is open to the public.



Dr. Joel Ying

This interwoven set of personal and historical stories will introduce participants to a teacher, the civil rights movement and a legacy of love. Experience the power of spoken stories, told live, connecting community. There will be a reception at 5 p.m. prior to event.

FGCU is located at 10501 FGCU Boulevard South in Fort Myers. To RSVP, visit www.fgcustorytelling.com.✱

Chronic Pain Workshops

Lee Health will offer a chronic pain self-management program to teach participants how to better manage conditions such as arthritis, fibromyalgia, back pain and headaches. The virtual sessions will be held on Wednesdays beginning May 4 from 1 to 3 p.m. and on Thursdays beginning May 5 from 9:30 to 11:30 a.m.

It's All About You, a self-management resource program with the Self-Management Resource Center, is offered for six weeks and there is no charge to attend.

Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*. For more information, call 424-3121.✱

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Red Sox Foundation Awards Students

The Boston Red Sox honored 15 local high-school seniors before the March 20 game versus the Baltimore Orioles.

For the seventh consecutive year, the Boston Red Sox presented local public high-school seniors each with a \$5,000 college scholarship by the Red Sox Foundation. For the first time, all Lee County charter and ALS (advanced learning) schools were added with one \$5,000 scholarship also being awarded to a student from this category for a total of 15 scholarships worth \$75,000.

The 15 students plan to attend universities ranging from the University of Florida, Florida State, UCF and FGCU, and will major in computer science, business, nursing, biology and more. They are Enrique Aparicio, Bonita Springs; Daniela Mora, Cape Coral; Gunter Harrison Bauer, Cypress Lake; Maxwell Calandro, Dunbar; Jennifer Jimenez-Martinez, East Lee County; Zoe Wallace, Estero; Sinthia Faustin, Fort Myers; Kylie Burkhamer, Ida Baker; Kailyn Uria, Island Coast; Lizet Mejia, Lehigh Senior; Amelia Castro, Mariner; Melany Hernandez, North Fort Myers; Fiona English, Riverdale; McKinley Davis, South Fort Myers; and Alexis Isherwood, Charter/ALS.

Scholarship funds are raised from



High school scholarship winners stand with Red Sox officials

photo provided

proceeds from the annual Swings For The Sox golf tournament held each fall to benefit the Red Sox Scholarship and other efforts. To date, the Swings for the Sox has raised more than \$497,000 for local charities and specifically \$437,175 for the scholarship program.

Some 154 applications were received this year for the 15 scholarships.

"I never graduated college, so I'm

happy to support these impressive students on their first great step towards their future," said David Doran, owner of DLD Builders LLC of Naples, who was the title sponsor of the Swings For The Sox for the seventh consecutive year. "My hope is not only for these students to do well, but at some point when they are able, to pay it forward and help the next generation behind them."

Doran has donated over \$70,000 to the Red Sox scholarship program.

The Red Sox Foundation is a 501(c)(3) nonprofit organization and the official team charity of the Boston Red Sox. The foundation's primary focus locally is in serving the health, education, recreation and social service needs of children and families across Southwest Florida.✱

Corvette Club 40th Anniversary

After a delay due to the COVID-19 pandemic, the Southwest Florida Corvette Club will celebrate its 40th anniversary with a cruise-in at Bell Tower Shops on Saturday, April 23 from 9 a.m. to 2 p.m. All car clubs, groups and enthusiasts are invited to attend.

Club members will be saluting all active guard and reserve servicemembers and veterans in anticipation of the month of May. Several nonprofit organizations will be on hand, including the Brotherhood of Heroes Resource Center & Museum, the club's major event sponsor.

Activities include the Southwest Florida Military Museum & Library's Mobile Military Museum, music by Tom's Traveling Tunes and a 50/50 raffle. Bishop Verot ROTC cadets will present the colors during a pause for the national anthem at noon.

Each registrant will receive a goody bag and one free yellow raffle ticket. The drawing for door prizes will take place at 1 p.m., and 1:45 p.m. for the 50/50 raffle. In both cases, individuals must be present to win, and all proceeds will go to support local charities.

For more information or if you are a Corvette owner and interested in becoming a member, talk with a club member at the cruise-in or visit www.swfcorvetteclub.com.✱



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Book Review

Run, Rose, Run



by Di Saggau

I couldn't resist reading *Run, Rose, Run*, after all, it's partly written by music legend Dolly Parton. She is the latest to team up with James Patterson in his ongoing

collaborative writing efforts. The book is a thriller about a young singer/songwriter on the run and determined to do whatever she needs to survive. She comes to Nashville to claim her destiny but also finds a darkness that could destroy her. AnnieLee Keyes is the star on the rise and on the run, singing about the hard life she left behind.

We first meet her hitchhiking to Nashville to escape some mysterious nightmare situation. She starts singing in a roadside dive called the Cat's Paw, playing a borrowed guitar. After receiving a warm welcome from those in the bar, she slinks off to sleep in a public park. A handsome Afghanistan veteran and Nashville session player, Ethan Blake, introduces her to the beloved Ruthanna Ryder, his boss who has stepped back from her mega-career following a personal tragedy. She also

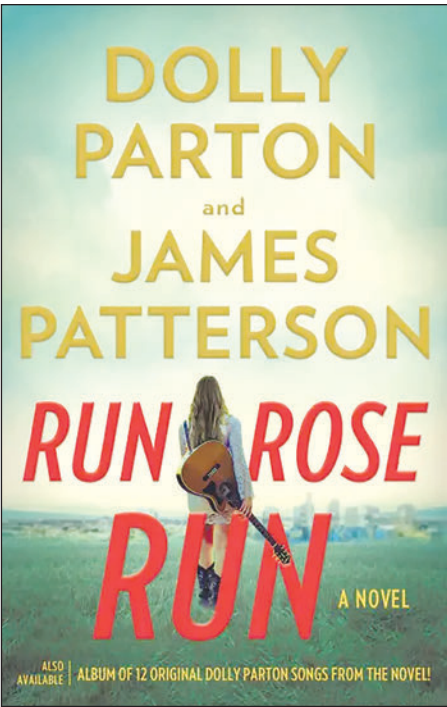


image provided

owns the Cat's Paw. Ruthanna seems to be patterned after Parton. Her coiffure, jewelry, generosity, business know-how and the way she talks will remind you of Parton.

After meeting ruthless, predatory agents and managers, Ruthanna is a positive role model for AnnieLee. She takes her under her wing, saying, "being talented is just one little tiny part of the battle. Fearlessness is mandatory.

And shamelessness sure as hell don't hurt." Ruthanna and Ethan look out for AnnieLee when her life is threatened, and they also help her climb the slippery ladder of stardom.
Also released is an album of songs

that tie into those referred to in the book. Parton fans will especially enjoy *Run, Rose, Run*, which displays the singer's lively way with words and draws from her experience in the music business.*

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, My daughter is having difficulty learning her sight words. Her teacher said we should practice them every night. It's kind of boring.

Are there some fun ways to practice these words?

Kaylie B, Fort Myers

Kaylie,

Mastering sight words is an extremely important step in becoming a successful reader. A sight word is a word that typically cannot be decoded or sounded out. It must be memorized or figured out by the context of the sentence. This is a difficult task for young readers, and it is usually recommended that children memorize these sight words, so that they are readily available and recognized when children see them in print. Reading researcher Diane McGuinness estimates that there are approximately 100 basic sight words in English.

Most schools teach an expanded sight word list from either the Dolch or Frye word lists. Both lists have at least 200 words. Sight words are considered to make up at least 50 to 75 percent of reading texts up to the third-grade level.

There are many practice activities on the Internet for learning sight words.

They are lots of fun for kids and usually include practice sheets that you can print out. For example, visit www.k12reader.com/online-dolch-reading-games-and-activities.

Following are some other practice ideas that do not require a computer, and most include a physical component. Sometimes children will learn information more quickly when it is paired with a physical action.

Learning sight words:

Children see, say and write a word (skywrite, write on arm, etc.)

Hopscotch – write words in squares

Beanbag toss

Put words on dice and play games

Flashlight fun – children shine light on the called-out word, read from a board

Sight word sliders

Word puzzles and scrambled words

Word rings

Bingo



Typing sight words

Keep practicing the assigned words daily. The practice will pay off and your daughter's reading fluency and comprehension skills will improve from mastering her sight words.

Shelley Gregg is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.*

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From page 1

Jazz Concert

Structure. More good things came with *Slidin' Home*, recorded in 1999. Joined by Victor Goines, Eric Reed, Rodney Whitaker, Herlin Riley, Milt Grayson, Joe Temperley and Randy Sandke, Gordon really struts his stuff on this

one, showing a wide range of influences from big band to gospel.

Tickets are \$45 in advance. The concert was underwritten by Eunice and Alexandra Bremner.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For tickets, visit www.sbdac.com/wycliffe-gordon or call 333-1933.*



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From left, Jim and Gaye Pigott with Heights Foundation Founder and CEO Kathryn Kelly
photo provided

Neighbors Help Raise Funds For Local Children

The Heights Foundation/The Heights Center's 14th annual fundraiser, Love Your Neighbor, raised \$500,000 recently to support the organization that works to build strong, self-sufficient families in the Harlem Heights neighborhood of Fort Myers.

The event, typically hosted in a private home in Gulf Harbour, was moved to The Heights Center in the past two years, and the number of attendees was limited.

Guests had cocktails and hors d'oeuvres on the rooftop terrace, then proceeded to the auditorium where they were greeted by emcee Kellie Burns of NBC-2. Chef Gloria Cabral Jordan of La Trattoria Cafe Napoli served a family-style Caribbean-inspired dinner and a selection of wines paired by wine writer Gina Birch. Norman Love Confections provided dessert. Children from The Heights Center's education programs entertained the guests with songs.

Scott Robertson of Scott Robertson Auctioneers conducted the fundraising and live auction to support the organization's educational programs. Donors met a \$100,000 challenge match by Gaye and Jim Pigott.

Top auction items included a one-of-a-kind pendant created and donated by Mark Loren Designs, six hours of flight

time in a Bombardier 350 jet, dinner for 10 at the Iona-McGregor Firehouse 72, tapas and wine in the home with Chef Gloria Jordan and Gina Birch, a VIP day at The Redneck Mud Park, and a wine and culinary cruise for six aboard the 101-foot motor yacht *Tò-Kalòn*. After the auction, guests listened to classic and Latin favorites by BraziJazz.

"Our Love Your Neighbor event is our biggest fundraiser," said Kathryn Kelly, founder, president and CEO of The Heights Foundation/The Heights Center. "The families in Harlem Heights are extremely vulnerable and our enriching preschool, charter school, afterschool and summer camp programs ensure that parents can work and kids can have fun, be safe and learn. We were amazed by the outpouring of support by our friends and donors."

Event supporters include Chef Gloria Cabral Jordan, Mark Loren Designs, Norman Love Confections, Gaye and Jim Pigott, Owen-Ames-Kimball, Entech, Kim Egypt, Realtor Chuck Bergstrom, Acentria Insurance Elite, Florida Power & Light, The Masiello family, Kellie Burns of NBC-2, Dave and Cheryl Copham, Harold's Restaurant, Lisa Bommarito Floral Designs, Creative Sound and Lighting, Elly Hagen Marketing & Public Relations, Gina Birch, Iona-McGregor Fire Department Station 72: Mix Marketing, RS Walsh Landscaping, Redneck Mud Park, Scott Robertson Auctioneers, Heights event coordinator Brenda Krieger, and event chair Teri Palmer.✱

Local Image Awards Thursday

The Southwest Florida Chapter of the Florida Public Relations Association (FPRA) will host the annual Local Image Awards at Mercola Market on Thursday, April 28. Cocktail hour begins at 6 p.m., followed by the awards ceremony at 7 p.m.

The awards event provides public relations practitioners an excellent platform to be recognized for outstanding communication programs, presentations

and campaigns, while also honoring a select group of members for their service to the association.

Cost is \$30 for students, \$45 for members and \$60 for future members. To register, visit www.fpraswfl.org/events/2022-local-image-awards. The deadline is Friday, April 22. Seating is limited.

Event sponsors are CONRIC PR & Marketing, Lee County Electric Cooperative, Mercola Market and Priority Marketing.

Mercola Market is located at 125 SW 3rd Place in Cape Coral. For more information, visit www.fpraswfl.org.✱

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Does A Religious Divorce In A Mexico Court Allow For Remarriage?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

The Tax Court ruled in 2021 that the estate of a man with a complicated marital history wasn't liable for a \$42.6 million estate tax bill, because his estate passed to his third wife subject to the unlimited marital deduction despite the nullification of divorce from his first wife. Semone Grossman and Hilda Matrick, who were both Jewish, were married in New York in 1955 and separated in 1965. In 1967, Semone obtained an ex parte divorce (a proceeding brought by one spouse, but the other spouse is not a party to the proceeding) in Mexico, after which he married Katia in a civil ceremony in New Jersey. Katia was not Jewish.

Semone separated from Katia in 1974, after which Hilda sued both Semone and Katia and obtained a judgment declaring that the Mexican divorce and Semone's marriage to Katia were both invalid under New York law, and that Semone was still legally married to Hilda. Hilda and Semone did not reconcile or cohabit after that.

In 1986, Semone became engaged to Ziona, who was Jewish, had been born and raised in Israel, and who held dual United States-Israeli citizenship. Semone did not obtain a civil divorce from Hilda, but he did go before an orthodox rabbinical court in New York and obtained a religious divorce called a "get."

Semone and Ziona then went to Israel and, upon presenting evidence of the get, were married in 1987. After they married, Semone and Ziona returned to New York and lived there for 27 years until Semone's death in 2014. They had two children, filed joint federal income tax returns, and shared a home and finances. Semone and Ziona socialized with Hilda, who never challenged the validity of Semone and Ziona's marriage.

Meanwhile, Hilda filed her federal income tax returns as a single individual and made no statutory claim against Semone's estate after his death. Semone died in 2004 and was buried (alongside Ziona's parents) in a burial plot in Israel he and Ziona had bought. The executor of Semone's estate filed an estate tax return reporting a gross estate of \$87 million and claiming a \$79 million marital deduction for property left to Ziona. The IRS disallowed the deduction, contending that

Semone had never been validly divorced from Hilda and therefore, had not been validly married to Ziona.

The IRS asserted that Semone's estate owed an additional \$35.5 million in federal estate tax and an accuracy related penalty of \$7.1 million. The Tax Court granted a summary judgment that Semone's marriage to Ziona was legally valid for estate tax purposes. The court explained that identifying a decedent's surviving spouse is determined by state law. Here, the decedent and both of the spouses in question resided in New York and the estate is being administered in New York, so the IRS contended that New York law was determinative.

In the estate's view, the IRS was bound by Revenue Rulings that establish a "place of celebration" test to assess the validity of a marriage for federal tax purposes. Under this approach, Semone's marriage to Ziona would be valid so long as it was valid in the place of celebration (Israel) without regard to the law of the state where the couple lived.

The court noted that New York has applied this principle consistently since at least 1881. This court held that the marriage in question did not fall under either of the two narrow exceptions to the place of celebration rule: 1) it did not involve incest or polygamy coming within the prohibitions of natural law; and 2) it was not prohibited by positive law.

The court rejected the IRS contention that Semone and Ziona's marriage was prohibited by natural law because it was bigamous, noting that under New York law, the question was whether the religious divorce and marriage were valid in Israel, the place of celebration. Israel clearly viewed Semone and Hilda as validly divorced and Semone as capable of remarrying, as demonstrated by Israel's acceptance of the letter from religious court and the issuance of a ketubah (marriage contract) to Semone and Ziona, and the later issuance of a marriage certificate.

Similarly, the court rejected the argument that Semone and Ziona's marriage violates New York positive law that no "divorce shall be granted otherwise than by due judicial proceedings." The court quoted what it described as "the oft-expressed concern that 'Congress did not intend that the (IRS) commissioner in making tax determinations around marital status, or the courts in passing upon them, should set themselves up as domestic relations tribunals.' It noted that the parties most interested in the status of Semone and Ziona's marriage – Semone, Ziona and Hilda – did not challenge the marriage. No New York court (or any other court) found the marriage invalid. As a result, the marital deduction stood, and the estate did not owe the tax and penalties.

That's some good lawyering!
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New Resident Physicians At Lee Health

Twelve new internal medicine residents and eight new family medicine residents will begin their training at Lee Health through The Florida State University College of Medicine Internal Medicine Residency Program and The Florida State University College of Medicine Family Medicine Residency Program, respectively.

Medical school graduates are required to complete residency training in their specialty of choice to become independently practicing physicians. These new resident physicians were selected after a rigorous vetting and interview process of the more than 3,100 applications received from U.S. medical students and physicians from around the world.

This marks the inaugural class for the internal medicine residency program, which is based at Cape Coral Hospital and accepts 12 new doctors each year for a three-year residency. The family residency program, based at Lee Memorial Hospital accepts eight new doctors each year and is also a three-year residency.

"We are very excited to welcome our first class of internal medicine residents to Lee Health and Cape Coral Hospital," said Maja Delibasic, MD, program director of the Florida State University

College of Medicine Internal Medicine Residency Program at Lee Health Cape Coral. "This group of residents comes to Southwest Florida from all around the globe, representing eight different home countries. We are excited for them to bring their unique perspectives to our area as they continue their medical training."

The first-year residents were announced at the annual Match Day celebration on Friday, March 18. The new residents include:

Internal Medicine – Nur Adalier, MD, Koç Üniversitesi; Sait Barlas, MD, Koç Üniversitesi; Abraham Bell, DO, New York Institute of Technology College of Osteopathic Medicine; You Nine Castillo Hernandez, MD, Universidad Autónoma de Santo Domingo; Ross Huff, DO, Chicago College of Osteopathic Medicine of Midwestern University; Arunima Jose, MD, Sree Gokulam Medical College; Kasia Karpinska-Leydier, MD, Poznan University of Medical Sciences; Gautam Maddineni, MD, NRI Institute of Medical Sciences; Stefan Milutinovic, MD, University of Nis Faculty of Medicine; Marie Morales-Rodriguez, MD, Universidad Autónoma de Guadalajara Facultad; Juan Carlos Perez, MD, Universidad del Norte Programa de Medicina; and Kelsey Theriault, DO, Burrell College of Osteopathic Medicine.

Family Medicine – Mawj Al-Ani, MBBch, Cairo University Faculty of Medicine; April Burton, DO, Lake Erie COM; Mark Fam, DO, Edward via College of Osteopathic Medicine; Tasnim

Hussein, MD, University of Florida COM; Snigdha Ila, DO, Nova Southeastern University COM; Antony Mikhail, DO, Edward via COM – Carolinas Campus; Joanna Greenhalgh, DO, Rocky Vista University COM; and Stephanie Cruz, DO, Lake Erie COM.

"Our family medicine residency program continues to have strong interest from graduating medical students around the world," said Alfred Gitu, MD, program director of the Florida State University College of Medicine Family Medicine Residency Program at Lee Health. The majority of our residents have stayed here in Southwest Florida following their training to continue to

serve patients in our community. We look forward to welcoming our newest class of exceptional residents when they arrive this summer."

The National Resident Matching Program announced 2022 as its largest residency matching program ever, with a record number of applicants and physicians matched.

Lee Health launched the family medicine residency program in 2012 to address the shortage of primary care physicians in Southwest Florida. Of the 40 Lee Health program graduates, 21 have chosen to remain in Southwest Florida to practice.✧

Get A Vehicle Check Before Heading North

Residents of Florida are often only residents for the duration of a season. Many have driven to Florida to get away from the snow. And when the season's over, snowbirds look forward to returning home. People come to Florida from all over the country, and the average journey ranges from 1,200 to 1,500 miles in one direction.

Before heading back north, consider having a complete digital inspection done on your car. There are a number of common problems that are encountered when doing a full inspection.

There is often a serious change of

environment between the car owner's home up north and Florida. The vehicle is coming from a cold to a warm and humid climate, and problems that didn't arise before often arise from this drastic environmental change.

Another impact on your trip is gas prices, as they are at an all-time high. If you're driving 1,500 miles or so, and your tune-up is out of date, you could be losing 10 to 20 percent of your car's fuel economy. Over a long trip, that really adds up.

The safest approach is to make an informed decision before heading back. It's not worth the risk of encountering a problem along the way and being forced to choose an unknown auto repair shop that may or may not be honest.

Courtesy of *Legendary Automotive, Fort Myers*.✧

Superior Interiors

The Perfect Boho Style Office



by Trinette Nelson

Boho style is popular for a reason, it's bright, free-spirited and instantly adds personality to your home's interior decor. If you're spending significant time working at your desk in your home office, it makes sense to match the interior atmosphere with your design style of choice. Boho style can help build a calming, welcoming environment that's perfect for a productive home office.

Boho decor, also known as bohemian style, is identified through a carefree approach to decoration. There are no rigid rules that dictate what is and isn't boho style. Boho style embraces fun colors, textures and patterns put together to create a mismatched yet cohesive look. It usually incorporates unique items and pieces for an eclectic space.

If you're wondering how boho style and an "office" space can work together, don't fret. Boho style doesn't equal a cluttered or messy workspace. When creating your ideal boho style office, you'll want to focus on keeping the core furniture pieces that you need to get your work done – your desk, chair, storage pieces, etc. From there, you can decorate the space with exciting accent pieces.

A great place to start is with a bright, textured area rug. Look for inspiration from any travels you've taken in the past. You can even purchase multiple different rugs and place them around the room to create a unique textile look.

Part of boho style is to add and collect styles that inspired you from different countries, or even surrounding towns and cities if you haven't been able to travel much. Consider places you've been or want to travel to. Are there design pieces or styles that caught your eye? See if you can incorporate them into your office through art, photography or decor pieces.

If you're struggling to find the perfect pieces, look no further than your farmers' market for inspiration. Nature and plant

life are iconic parts of the bohemian style. Take a note from nature and purchase some of your favorite plants to fill your office space. Just ensure that you know the proper care instructions for each. If you have kids or pets (or maybe lack a green thumb), you can also choose quality faux plants.

Boho style is one-of-a-kind because it doesn't have any hard and fast rules. However, there are certain themes that can help you nail the boho look. For a color scheme, we recommend that you stick with bright colors, neutral monochrome and/or earthy, natural tones. Your whole space doesn't have to be a whirlwind of colors. Instead, you can pick certain colors as bold additions here and there, while sticking to a neutral color palette. White, black or brown furniture can also easily complement the boho style.

Additionally, you can accent your shelves and desk with vases, photography and unique pieces to add personality to your office staple pieces.

Textiles are where your boho style office can truly shine. Embrace natural textiles that show texture like rattan, macrame and woven materials. Already have rugs and throws to complement the space? Include a patterned, colorful tapestry to brighten up your wall or update your window drapery.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at trinette@coindceden.com.✴

Renovation At Riverdale Library

The Lee Board of County Commissioners have approved a \$3.5 million construction contract with Stevens Construction Inc. to renovate the Riverdale Branch Library at 2421 Buckingham Road. Total cost of the project is about \$4.1 million, which includes design, construction and furniture. The project is being paid from the library fund property taxes.

Construction is set to begin at the end of April and will take about seven months to complete. The library will be closed for the renovations beginning at 5 p.m. Saturday, April 30. For more information about library services and programs offered, call 479-4636 or visit www.leelibrary.net.✴

Marketing Firm Sponsors Youth Soccer Program

Priority Marketing is sponsoring 30 children for a 10-week soccer and character development program through Soccer Shots Southwest Florida, a local organization focused on best-in-class coaching, communication and curriculum.

The Fort Myers-based marketing firm donated \$3,000 through Soccer Shots' Corporate Scholarship Program, which provides grants to organizations that serve families in disadvantaged communities. Priority Marketing's donation is supporting the program at the Joseph H. Messina Children's Center, a Child Care of Southwest Florida early learning center in Fort Myers.

"Children learn through play, and after hearing about the impact of Soccer Shots and its success blending character education with soccer instruction, it became clear that we should help bring this program to additional children," said Priority Marketing President and Senior Creative Director Teri Hansen, APR. "With 2022 being our company's 30th anniversary, we are completing 30 'Acts of Light' in our community, and programs that teach children how to become good citizens is certainly a cause we gladly support, and encourage other Southwest Florida businesses to do the same."

Each soccer session focuses on a specific character trait, including respect,

confidence, determination, teamwork, patience, integrity and other concepts.

Soccer Shots partners with child care centers and schools to deliver programs to children ages 2 to 8. It also offers independent night and weekend programs at local parks.

"We are fortunate to have generous corporate partners like Priority Marketing that recognize the value in teaching character development to children ages 2 to 8 years old," said Soccer Shots Southwest Florida Co-Founder Mike Gannon. "Between our public and school-based programs, we exceeded 4,000 participants in 2021 and are looking to grow in 2022. The corporate scholarship program will help bring our curriculum to children across the region who might not otherwise be exposed to character development concepts at this age."

Since its inception, Priority Marketing has provided more than \$3.5 million in pro bono and discounted services to nonprofits across the region in addition to supporting numerous charitable causes through donations and volunteer service. The firm has earned accolades for its philanthropic initiatives, including the Business Ethics Award from the Uncommon Friends Foundation. The Community Foundation named Priority Marketing as its Best Charity Event Support Team through the 2022 Charity Event Awards.✴

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Frankly Speaking



by Howard Prager

A 7-0 start to the season? The Yankees? The Dodgers? The Mets? No. The Mighty Mussels. The best team in Fort Myers since 1992, the Mighty Mussels started

off this season winning seven straight games, before dropping two weekend games to the Jupiter Hammerheads. According to announcer John Vittas, 19-year old Emmanuel Rodriguez batted .409 with four home runs and 12 walks through the seven game streak (1.618 OPS). Mussels' starter John Stankiewicz has allowed only two runs over 11 innings this season. He was named both the FSL pitcher of the year and the Twins' organization pitcher of the week.

We also have new rule changes this season, often tried out in the minor leagues before MLB adapts them:

1. Robo-umpires will be used on Wednesday and Thursday – Technology from Danish golf startup TrackMan determines if each pitch is a ball or strike. The Automatic Ball Strike system (ABS) then feeds its call to the ump via an earpiece, and he relays the call to the players. The ump still makes

calls like check swings, interference and plays at the plate. ABS simply eliminates guesswork from the strike zone.

2. A Challenge System will be incorporated on Friday, Saturday and Sunday – The ABS uses multiple cameras to track where the ball crosses the plate. Each team would be allowed three challenges to any ball-strike call over the course of the game. If the ABS overturns the call, the team keeps the challenge with each team getting up to three incorrect challenges.

3. Ban on Shifts – In Double-A, High-A and Low-A, the defensive team must have a minimum of four players on the infield, with at least two infielders completely on either side of second base.

4. Pitch Clock – Limits 14 seconds between pitches, 18 with runners on, two-minute warm-up between innings.

5. Larger Bases – 18-by-18 inches instead of 15-by-15. Of all the rule changes, this is getting the closest look. I can see MLB adopting this in spring training next year.

Another first in MLB from National Public Radio (NPR). A different type of win came in their home opener when Giants assistant coach Alyssa Nakken took over as first base coach, becoming the first woman to coach on the field in MLB history. After Giants regular first-base coach Antoan Richardson was ejected from the game at the top of the third inning, Nakken was called in to replace him. Nakken became an

assistant coach in 2020 after working in the team's front office. This wasn't Nakken's first time at first base either. She made an appearance for the Giants during an exhibition game in 2020, but it was the first time she's coached during a regular season game. Nakken, who played first base for Sacramento State's softball team, brings years of experience at the position, making it a no-brainer for bench coach Kai Correa to call her up after Richardson's ejection. "I've been in training as a first-base coach for the last few years. I work alongside Antoan, so I stepped into what I've been hired to do," said Nakken, according to MLB.com.

The NBA Playoffs are in full swing, and already some cliffhangers and surprises. The Celtics-Nets was touted to be the best of the first round series, and Game 1 did not disappoint with the Celtics barely winning with three quick passes and a layup as time expired. And the first surprise is the Timberwolves, who won their play-in game over the Clippers and are going to give Memphis all they can handle after surprising and soundly beating them in Game 1.

The RBC Heritage falls directly in the shadows of the Masters, just a week after Augusta. This weekend, it was Jordan Spieth's wife, Annie, who never comments on his golf game, with a key piece of advice. "You need to take five seconds, if you miss a putt, before you hit your tap-in." On Saturday, Spieth missed a one-footer on the 18th green.

On Sunday, he won the tournament. Wise advice.

The mission of Good Sports is to drive equitable access in youth sports and physical activity by supporting children in high-need communities to achieve their greatest potential, on the field and in life. Good Sports provides equipment, apparel and footwear to those most in need by providing nearly \$74 million in sports equipment, impacting over eight million kids from more than 5,500 youth programs across the country. Good Sports exists to make sure cost doesn't keep kids on the bench. From a Good Sports press release: late last year the organization Good Sports was named the winner of the 2021 .ORG Impact Award in the Health and Healing in a Time of Pandemic category for its work to restore play for youth athletes across the country during the COVID-19 pandemic. The awards recognize mission-driven organizations that work to improve their communities and make the world a better place. This year, 633 nominees from more than 40 different countries submitted entries. This year, Gatorade and KROST x FILA collection have signed up to be major contributors to Good Sports. Right move.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.✴

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From page 1

Hibiscus Show

Simple Pleasures, Stolen Kiss, T. Orange Rainbow, T. Star Queen Nebula, T. Taui, T. Ursulla's Gift, Tamibon, Voodoo Queen, Whipped Cream and White Pride of Hankins.

Members of the society who are experts in the care and growing of hibiscus will be available to provide advice. There will also be several senior American Hibiscus Society judges available to respond to questions regarding how the blooms are judged.

There is no charge or admission on parking.

Anyone who desires to learn more about how to grow, graft and hybridize this attractive tropical flowering plant can do so by joining the James E. Hendry Chapter, AHS at the show. The group holds meetings at The Berne Davis Botanical Garden, 2166 Virginia Avenue in Fort Myers, on the second Sunday of each month at 1:30 p.m.

First Assembly of God is located at 4701 Summerlin Road in Fort Myers. For more information, visit www.hendrychapterhibiscus.com.✴

SPORTS QUIZ

1. In 1955, what catcher and outfielder became the first Black player in New York Yankees history?
2. In an October 2000 NFL game dubbed "The Monday Night Miracle," what team scored 30 points in the fourth quarter and sealed a 40-37 overtime win against the Miami Dolphins?
3. At the 1980 Lake Placid Winter Olympics, alpine skier Hanni Wenzel won the first two gold medals in the history of what small European country?
4. In 1994, Augusta National Golf Club banned what irreverent CBS golf analyst from broadcasting the Masters?
5. Hockey Hall of Famer Glenn Hall holds the NHL record for most consecutive regular-season games started by a goaltender with how many?
6. The Utah vs. BYU and Notre Dame vs. Boston College football rivalries have what nickname in common?
7. Santiago Bernabeu Stadium is home to what European professional football club?

ANSWERS

1. Elston Howard. 2. The New York Jets. 3. Liechtenstein. 4. Gary McCord. 5. 502. 6. The Holy War. 7. Real Madrid CF.

Doctor and Dietician

Gluten-Free Dessert Ideas



by Ross Hauser, MD
and Marion Hauser, MS, RD

Many people are choosing to eat gluten-free (GF) for health reasons. Those with celiac disease are unable to effectively process gluten – the protein in grains. Others may be gluten-sensitive, producing similar symptoms such as bloating, diarrhea, constipation, or abdominal pain after consuming foods containing gluten.

Where do you get gluten in your food? The main place you get it is in

wheat flour. Gluten is found in traditional breads such as rolls, buns, bagels, biscuits and flour tortillas; baked goods like cake, cookies, donuts, muffins, pies, waffles and pancakes; pasta such as spaghetti, fettuccine, lasagna, ravioli and macaroni; many cereals such as Wheaties, Cheerios and Raisin Bran; snacks including pretzels, crackers and some chips; beer; gravies; breading; and soups (used for thickening.)

Following a GF diet has become much more popular these days, thus many more options exist for those following it. The health benefits include better digestion, less bloating and abdominal pain, and some people report improvement in joint pain, headaches and even depression. Those with autoimmune conditions often feel better avoiding gluten as well.

The quality of wheat produced in the United States is different than in European countries. Many people report that consuming pasta, bread and other wheat-containing items while traveling in Europe does not produce the same gastrointestinal (GI) symptoms that they get when consuming wheat in the states. Wheat in the U.S. is higher in gluten because we produce primarily red wheat versus white wheat that's produced in Europe. But, unfortunately, one of the other big problems with U.S. wheat is

glyphosate, an herbicide found most in Roundup, that is sprayed on our wheat. This has been banned in Europe and many other countries. Its use has been linked to irritable bowel syndrome, celiac disease, colitis, cancer, heart disease, ADHD and many other diseases.

But back to desserts! What are some ways to make GF desserts? For baking purposes, we use Bob's Red Mill Gluten Free flour that can be substituted 1:1 in most recipes. Other great brands include King Arthur and Pamela's. Many companies are now making dessert mixes, but when you use these, you are unable to control the sugar content. The internet is your best friend when it comes to searching online for great recipe ideas. One site we like is www.nutritioninthekitch.com/gluten-free-desserts.

One go-to GF dessert recipe we love is Avocado Chocolate Mousse, as well as rice puddings, chia seed puddings and baked goods made with almond flour. Other GF desserts we love to make are apple crisp using GF oatmeal and flour, panna cotta, chocolate mousse, flourless chocolate cake, flan, ice cream, sorbet and crème brûlée. We reduce the sugar in most recipes by a third to a half.

Almond flour is a great GF, high-protein alternative to regular flour. It has more nutritional bang for the buck and

works well in baked goods but is much denser. Our friend from Illinois, Diane Ehling, who runs a wonderful natural medicine practice with her husband Kurt, shared this scone recipe with us: 2 cups almond flour, ¾ tsp. baking soda, ¼ tsp. fine sea salt, ⅓ cup mini dark chocolate chips (or raisins with cinnamon or blueberries with lemon zest), 1 jumbo egg, lightly beaten, ½ tsp. vanilla extract and 1 tbsp. raw honey (or up to 3 tbsp. if you like them sweeter). Preheat oven to 350. Blend dry ingredients together. Mix wet ingredients into the dry with a spoon, then use your hands to ensure dough is uniform. Press dough into a one-inch-thick disc. Cut into eight same-size "pie" pieces. Place onto parchment paper-lined baking sheet and bake for 10 to 12 minutes. Cool for at least five minutes. Try one of the different variations. These are so tasty.

Don't be afraid to try making GF desserts. There are endless delicious possibilities.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

deaRPharmacist

Parkinson's Disease And Nutrient Options



by Suzy Cohen, RPh

Dear Readers: April is Parkinson's Awareness Month and, as such, I have been studying the condition to see if there is anything new or of

interest, especially in the way of natural medicine.

Parkinson's disease (PD) impacts 10 million people worldwide and, each year, 60,000 Americans are diagnosed with it. Men seem to be more likely to develop the condition. According to a new prevalence study, as the population ages, the number of people diagnosed with PD increases with age, regardless of sex.

I looked at a prevalence map and Montana and North Dakota have the fewest number of people (about 1,400 and 2,000 people respectively), whereas California and Florida top the list with the most people with PD (85,000 and 64,000 people respectively).

There are websites that offer much more detail regarding symptoms of PD, but a few telltale signs include tremor in the hands, slowed movements, muscle rigidity, poor balance, fatigue, or a distorted sense of smell. Among the cognitive signs and symptoms, you may

have disturbing dreams, restless sleep, confusion at night, anxiety, dementia or difficulty with comprehension.

I could write a book on the medications and how to use them properly, but that is not the focus of my article today. I'm planning to give you nutritional options, some understanding of vitamin deficiencies and how that impacts your prognosis. During my research, I found some interesting findings about nutrients that might be useful for you. Here are some nutrients that may play an important adjunctive role in your PD protocol:

Vitamin B12 or Methylcobalamin – We know that the B complex family of vitamins is important for proper nerve health. There is an important relationship between B12 specifically and Parkinson's. We know that people with peripheral neuropathy are often deficient in B12. And it's not just peripheral, there was a study in 2014 that found that B12 deficiency is one cause of SNF (small fiber neuropathy). Test yourself with an "Methylmalonic Acid" test along with "Serum B12."

Vitamin D – A 2019 study was among several others that determined vitamin D deficiency could impact the outcome for people with PD. Keeping levels of D up high enough is difficult for the elderly too; it's hard to get enough sunlight, and even if they do, their body doesn't sulfate it, or convert it properly due to mild liver or kidney compromise.

Fish Oil – Sometimes tremors respond to DHA fish oil, and this could be a promising strategy to slow down the progression. Remember, even if our drugs are useful, they don't cure it, so this natural omega 3 fatty acid is probably safe, and might be slightly effective for the management of tremors

and other symptoms in the early stages. Ask your doctor of course, because fish oils are blood thinners.

This information is not intended to treat, cure or diagnose your condition.

*Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

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 - Cultural Park Theatre 772-5862
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 - Florida Repertory Theatre at the Arcade 332-4488
 - Florida West Arts 948-4427
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 - Fort Myers Symphonic Mastersingers 288-2535
 - Gulf Coast Symphony 489-1800
 - Harmony Chorus, Charles Sutter, Pres 481-8059
 - Naples Philharmonic 239-597-1111
 - The Schoolhouse Theater 472-6862
 - SW Florida Symphony 418-0996
 - Theatre Conspiracy 936-3239
 - Young Artists Awards 574-9321

- CLUBS & ORGANIZATIONS**
- American Legion Post #38 239-332-1853
 - Angel Flight 1-877-4AN-ANGEL
 - Animal Refuge Center 731-3535
 - American Business Women Association 357-6755
 - Audubon of SWFL <https://www.audubonswfl.org/>
 - Caloosahatchee Chapter DAR 482-1366
 - Caloosahatchee Folk Society 321-4620
 - Cape Chorale Barbershop Chorus 1-855-425-3631
 - Cape Coral Stamp Club 542-9153
 - duPont Company Retirees 454-1083
 - Edison Porcelain Artists 415-2484
 - Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
 - FM UDC Chapter 2614 728-3743
 - Friendship Force Of SW FL 561-9164
 - Garden Club of Cape Coral 239-257-2654
 - Horticulture and Tea Society 472-8334
 - Horticultural Society 472-6940
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 - Kiwanis Fort Myers Beach 765-4254 or 454-8090
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- AREA ATTRACTIONS**
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 - Edison & Ford Winter Estates 334-7419
 - Fort Myers Skate Park 321-7558
 - Imaginarium Hands-On Museum & Aquarium 321-7420
 - JN "Ding" Darling National Wildlife Refuge 472-1100
 - Koreshan State Historic Site 239-992-0311
 - Langford Kingston Home 239-334-2550
 - Ostego Bay Foundation Marine Science Center 765-8101
 - Skatium 321-7510
 - Southwest Florida Historical Society 939-4044
 - Southwest Florida Museum of History 321-7430
 - True Tours 945-0405

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PUZZLES

Answers on page 23



"Sorry, the doctor told me to stay away from the _____ for an hour after eating."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Down
ELBOW _____

First
MEDIAN _____

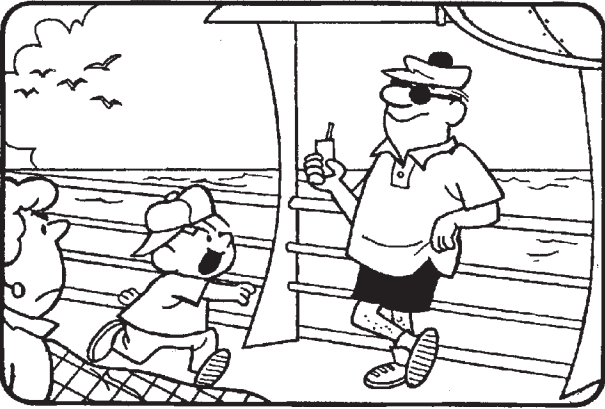
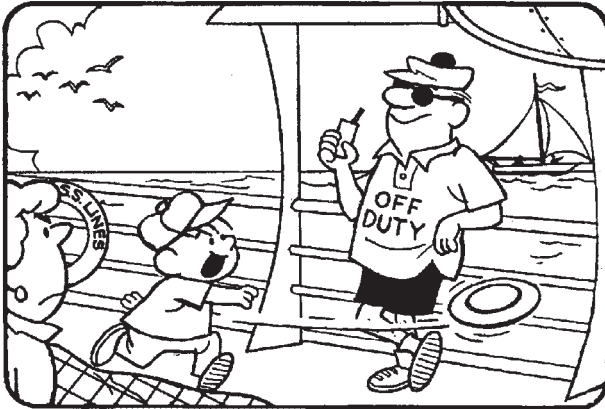
Discount
BEATER _____

After
ALERT _____

TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Differences: 1. Life preserver is missing. 2. Cap is reversed. 3. Arm is moved. 4. Shirt words are missing. 5. Frisbee is missing. 6. Boat is missing.

1	7			6		2		
8			3					4
		6			4		5	
	4				3		7	
		5		2				6
7			8			1		
		3			2	4		
	9		1					7
6				5			1	

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword

NATION NOTION

- ACROSS
1 Sore
4 Under the ocean
10 "Get what I'm sayin'?"
15 Store
19 Prior to, to poets
20 Gofer's job
21 Gut bacterium
22 Dana Perfumes fragrance
23 Person born in early October in Benghazi?
25 Family car in Khartoum?
27 Eddie — (leisurewear chain)
28 Carrere of the screen
29 Rock concert booster
30 Make furious
31 Silky cat in Luanda?
34 Beyond city limits
37 Merit badge displays
38 Kazan of filmmaking
39 It precedes omega
40 Clear-minded
41 Lead-in to history
- 44 Chess play in Banjul?
47 Ballroom dance in Apia?
53 Ency., e.g.
54 Ancient Central Americans
55 See 112-Down
56 Italian "my"
57 Russia's Alexis I, e.g.
59 Envy, e.g.
60 Dark-haired man in Bandar Seri Begawan?
63 Lumber tool
65 Former Oriole Ripken
68 Extremist
69 "Delta Dawn" singer Tucker
71 Pathologist's study
74 Long time
75 Mo. in which fall starts
77 Doc in Tijuana?
79 Cinch — (trash bag brand)
81 "Keep this in"
83 Do a fist bump
84 Scandal-ridden company of 2002
- 85 Japanese brew
88 Old TV's "— Na Na"
89 Tropical devil ray in Valletta?
91 Sleeping garment in San Miguelito?
95 Orig. copies
96 Well out of range
97 Precept
98 Is the right size for
100 "That made no sense to me"
106 People rattling things off
108 Engaged guy in Marseilles?
111 Actress Saoirse
112 Long time
113 Hip-hop producer Gotti
114 The Beatles' "I — Walrus"
115 Buyable apartment in Brazzaville?
118 Fish eggs in Barcelona?
120 Wine city in California
121 — a million
- 122 Secret recorder disguised as a writing instrument
123 — gow poker
124 Supermodel from Somalia
125 "Check," to a card player
126 Motown's Franklin
127 Lingo suffix
- DOWN
1 Peach — (desserts)
2 Singer Grande
3 Cleans up, as software
4 NutraSweet developer
5 Website ID
6 Water filter brand
7 Polio studier Albert
8 Make furious
9 Oklahoma city
10 Polite reply to a lady
11 Coffee pod
12 Drift (off)
13 Pay add-on?
14 Hits the jackpot
15 Piloting guy
16 Gave birth
17 Enthusiasm for Barack
- 18 Word-wit bit
24 Michelle of "Crazy Rich Asians"
26 Erwin of film
29 Opera opus
32 Some vipers
33 Korbut of gymnastics
34 Secretive viewers
35 B-52 org.
36 Ensnares
42 Meander
43 Arabian ruler
45 Half a bikini
46 Gallic pal
47 Native-born Israeli
48 "What —" ("Ho-hum")
49 Harold's film partner
50 Dodge of old
51 "Hang on —"
52 Boxing event
57 Precept
58 Hades river
59 Go like a fish
61 "May — a favor?"
62 Personal ID
64 Takes in
65 — terrier
66 Dressy tie
67 Pop singer Lewis
70 Verdi's slave
72 With 90-Down, appear that
73 Writer Ferber
- 76 Dismissive remarks
78 Not panicky
79 Partaking of with others
80 Aspiration
82 — Mahal
85 On — with
86 Space that's invulnerable to attack
87 Large boa
88 Joust verbally
89 — Hari
90 See 72-Down
92 Lace town WSW of Paris
93 Willful insult
94 Sorvino of the screen
99 Potshot taker
101 Heavy vapor
102 Genie houser
103 Like early audiobooks
104 Unstressed vowel sounds
105 — -weenie
107 Chinese ideal
109 Large wader
110 Kick out
112 With 55-Across, she eloped with Ernie Kovacs
115 Caesar's 151
116 Artist Yoko
117 Mo. neighbor
118 Jacuzzi site
119 "Nope"

1	2	3		4	5	6	7	8	9		10	11	12	13	14		15	16	17	18
19				20							21						22			
23			24								25					26				
27						28				29					30					
31					32				33				34	35						36
37								38					39				40			
					41	42	43		44			45				46				
47	48	49	50	51				52				53				54				
55						56				57	58				59					
60					61				62				63	64				65	66	67
68								69				70		71		72	73			
74					75		76		77				78							
				79	80			81	82				83				84			
85	86	87				88					89				90					
91					92				93	94			95							
96					97				98			99			100	101	102	103	104	105
106				107					108				109	110						
	111							112				113				114				
115						116	117								119					
120					121							122						123		
124					125							126						127		

King Crossword

- ACROSS
1 Swiss peaks
5 — roll (winning)
8 Lily variety
12 Not worth debating
13 Chest muscle
14 Here (Sp.)
15 Shop tools
17 Void partner
18 Chemical suffix
19 MGM motto start
20 Enlighten
21 Elev.
22 Petrol
23 Prima donnas
26 Thornton Wilder drama
30 B — boy
31 Grass shack
32 "Closer" actor Clive
33 "Blue Bloods" actress Moynahan
35 El Greco's birthplace
36 Sunbather's goal
37 Carrier to Amsterdam
38 Cabbage choice
41 Chairman of China
42 Persian, for one
45 Recognized
- 46 Sightseeing stop
48 Falco of "The Sopranos"
49 Whatever number
50 Unruly kid
51 Volition
52 Zee preceder
53 Priestly vestments
- DOWN
1 Both (Pref.)
2 Burden
3 Corn recipe
4 Norm (Abbr.)
5 Dizzying designs
- 6 Reporter's quest
7 Rm. coolers
8 Desert hazard
9 Iso-
10 Chasm
11 Unctuous
16 Droops
20 Listener
21 Small wiper
22 Belly
23 Apply cream
24 Medit. nation
25 Half of XIV
26 Ump's call
27 Have bills
28 Drench
29 SSW opposite
- 31 Chick's mom
34 Carefree
35 LummoX
37 Rap star West
39 "The King —"
40 Bridal accessory
41 Oodles
42 Poet Sandburg
43 Basra resident
44 B'way booth sign
46 Legislation
47 CEO's deg.

1	2	3	4		5	6	7		8	9	10	11
12						13				14		
15					16					17		
18					19				20			
				21				22				
23	24	25				26				27	28	29
30					31				32			
33					34				35			
				36				37				
38	39	40					41			42	43	44
45						46				47		
48						49				50		
51						52				53		

MAGIC MAZE ● TWINKLE, TWINKLE LITTLE STAR

I X U Q N K H E B Y V S P M B
J H E B Y V T Q O L I G D E B
Y W T R P M K C I B F D N B Y
W U S Q O M K I A F A E O U D
B (S I R I U S) Z A S D R Y K S
X W U A S X Q O G L T N C S U
L J A Z H F U D E A L O O A P
C A Y I W V T L V S C E R G O
Q P N L R I A T L A K I P R N
I H F E C T B Z E O Y W P A A
V U S R Q P A P N M P L J S C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: CLOSEST STAR TO EARTH

- Acrab
Altair
Atria
Canopus
- Capella
Castor
Deneb
Izar
- Peacock
Pollux
Procyon
Sargus
- Sirius
Spica
Vega



Escarole, Tomato and White Bean Soup

photo courtesy Fresh From Florida



Escarole, Tomato and White Bean Soup

- 1 large or 2 small heads escarole, rinsed and chopped large
- 4 large tomatoes, diced
- 2 cups celery, rinsed and diced small
- 2 cups carrots, peeled and diced small
- 2 cups onion, diced small
- 8 cups low sodium vegetable or chicken broth
- 1 can white beans, drained
- 2 tablespoons fresh garlic, minced
- 2 tablespoons fresh herbs (rosemary, thyme, oregano), chopped fine
- 1 tablespoon all-purpose seasoning blend (such as Everglades)
- 1 tablespoon olive oil
- 1 tablespoon hot sauce (your

favorite)
Fresh grated parmesan cheese to taste
Sea salt and fresh ground pepper to taste
Preheat a large soup pot or Dutch oven over medium-high heat. Add the olive oil to the preheated pot. Carefully add the onions, celery, and carrots to the pot. Cook ingredients for 5 to 7 minutes while stirring occasionally. Add the garlic and fresh chopped herbs, and cook for another 2 minutes. Add the broth and seasoning blend to the cooking ingredients in the pot. Bring ingredients to a light boil, and turn the heat down to a simmer. Add the beans, diced tomatoes and escarole. Cook ingredients for at least another 7 to 10 minutes until the escarole is tender. Taste soup and adjust seasoning with sea salt, fresh ground pepper and a dash or so of hot sauce. Serve soup warm with fresh grated parmesan cheese and extra hot sauce for garnish.*

PETS OF THE WEEK



Jayden ID# A913484 photos provided Lee County Domestic Animal Services

Jayden And Tom

Hello, my name is Jayden. I am a chocolate 1-year-old male pit bull. I am a handsome guy that is as playful as I am photogenic. If you have an active lifestyle and are looking for a best friend to fit into it, I would be a perfect fit. My motto is “Paws Up and Tongue Out” for adoption at Lee County Domestic Animal Services. My adoption fee is \$10. Hi, I’m Tom. I am a black 9-week-old female domestic shorthair. I may look unenthused in his picture, but I assure you I am quite the curious kitten. I just was not amused with posing for



Tom ID# A916756

the camera and having my playtime interrupted. I would love to find a home with a feline buddy. If you don’t already have another, no worries. All cats and kittens are always adopt one, get a feline friend at no additional charge at Animal Services. My adoption fee is \$10. It is all fun and games at Animal Services during April leading up to the eighth annual Flip This Kennel event, to be held this Saturday, April 23, from 10:30 a.m. to 3:30 p.m. This year’s theme is children’s toys, and the Animal Service’s staff is offering reduced adoption fees. All adult dogs will be just \$20 and cats just \$10 with an approved application.*

My Stars ★★★★★
FOR WEEK OF APRIL 18, 2022

Aries (March 21 to April 19) A sudden change of plans could lead to a misunderstanding with a friend or family member. Be ready to offer a full explanation of your decision. A past favor is returned.
Taurus (April 20 to May 20) Expect pressure from those who want you to change your position on a matter of importance. However, the determined Bovine will be able to withstand the bullying and win out.
Gemini (May 21 to June 20) It’s time to stop dwelling on past disappointments and move on to other possibilities. By week’s end, you’ll be meeting new people and making new plans for the future.
Cancer (June 21 to July 22) A long-simmering situation between co-workers threatens to heat up and could create problems with your work schedule. Best advice: Consult a supervisor on how to proceed.
Leo (July 23 to August 22) You might have just learned that someone close to you is keeping a secret. And, of course, the Cat’s curiosity has gone into

overdrive. But be patient. All is revealed soon enough.
Virgo (August 23 to September 22) Don’t give up. The recognition citing the good work you recently did will come through. Meanwhile, an opportunity opens up that can lead to a lot of traveling later on.
Libra (September 23 to October 22) A financial crunch eases, but it’s still a good idea to keep a tight rein on what you spend for nonessentials. Education becomes a major focus as the week winds down.
Scorpio (October 23 to November 21) Recent encounters with stressful situations could require some restorative measures to get your energy levels back up. Talk to your doctor about a diet and exercise program.
Sagittarius (November 22 to December 21) New connections follow changes on the job or in your personal life. But keep your feelings reined in until these relationships have a chance to develop.
Capricorn (December 22 to January 19) Pay more attention to your aches and pains, but avoid self-diagnoses. Seek professional advice to make sure these problems won’t lead to something more serious.

Aquarius (January 20 to February 18) You love doing research and learning new things, so you’ll be happy to know that education becomes a big part of your life at this time, and for some time to come.
Pisces (February 19 to March 20) Your Piscean penchant for doing things logically could be challenged by an equally strong emotional reaction to a new situation. Best advice: Keep the two factors in balance.
Born This Week: You love music and nature. You would be an excellent environmentalist, as well as a fine singer or musician.

MOMENTS IN TIME

- On April 27, 1773, the British Parliament passes the Tea Act, a bill designed to save the faltering East India Company from bankruptcy. Many colonists viewed the act as yet another example of taxation tyranny, because it left in place an earlier duty on tea entering the colonies, while removing the duty on tea entering England.
- On April 28, 1916, Ferruccio Lamborghini is born in Italy. After experiencing mechanical difficulties with his Ferrari, Lamborghini decided to start his own rival sports car

company. The Lamborghini 350 GTV, a two-seater coupe with a V-12 engine, debuted in 1963.
• On May 1, 1960, an American U-2 spy plane piloted by Francis Gary Powers disappears while on a flight over Russia. The CIA reassured the president that the plane was equipped with self-destruct mechanisms, but Russia produced not only the intact wreckage, but also the captured pilot – very much alive.
• On April 26, 1977, Studio 54, which would soon become the most famous nightclub in the world, opens at 254 West 54th Street in New York City. It was known for excluding all but the most chic, famous or beautiful patrons.
• On April 25, 1983, Russian leader Yuri Andropov writes to Samantha Smith, an American fifth-grader from Manchester, Maine, inviting her to visit his country. Smith had sent Andropov a note in December 1982, asking if the Soviets were planning to start a nuclear war.
• On April 30, 1993, computer scientist Tim Berners-Lee releases the source code for the world’s first web browser. Originally called Mesh, the

continued on page 22



FRIDAY
Sunny
High: 83 Low: 70



SATURDAY
Sunny
High: 85 Low: 74



SUNDAY
Partly Cloudy
High: 84 Low: 71



MONDAY
Mostly Cloudy
High: 85 Low: 73



TUESDAY
Partly Cloudy
High: 84 Low: 71



WEDNESDAY
Cloudy
High: 80 Low: 69



THURSDAY
Sunny
High: 79 Low: 66

Redfish Pass Tides

Day	High	Low	High	Low
Fri	5:00 pm	12:49 am	None	None
Sat	6:26 pm	2:12 am	None	None
Sun	8:28 pm	3:23 am	None	None
Mon	12:10 pm	4:20 am	10:13 pm	4:11 pm
Tue	12:16 pm	5:03 am	11:30 pm	5:18 pm
Wed	12:26 pm	5:37 am	None	6:09 pm
Thu	12:32 am	6:04 am	12:38 pm	6:52 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	4:05 pm	12:51 am	None	None
Sat	5:31 pm	2:14 am	None	None
Sun	7:33 pm	3:25 am	None	None
Mon	11:15 am	4:22 am	9:18 pm	4:13 pm
Tue	11:21 am	5:05 am	10:35 pm	5:20 pm
Wed	11:31 am	5:39 am	11:37 pm	6:11 pm
Thu	11:43 am	6:06 am	None	6:54 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	7:51 am	12:33 am	4:52 pm	10:12 am
Sat	7:16 pm	2:04 am	None	None
Sun	11:32 am	3:15 am	8:56 pm	3:08 pm
Mon	11:30 am	4:11 am	10:13 pm	4:15 pm
Tue	11:49 am	4:59 am	11:23 pm	5:14 pm
Wed	12:10 pm	5:42 am	None	6:05 pm
Thu	12:15 am	6:20 am	12:33 pm	6:50 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	7:10 pm	4:05 am	None	None
Sat	8:36 pm	5:28 am	None	None
Sun	10:38 pm	6:39 am	None	None
Mon	2:20 pm	7:36 am	None	7:27 pm
Tue	12:23 am	8:19 am	2:26 pm	8:34 pm
Wed	1:40 am	8:53 am	2:36 pm	9:25 pm
Thu	2:42 am	9:20 am	2:48 pm	10:08 pm

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FROM THE BEACHES TO DOWNTOWN FORT MYERS

Harry Chapin Food Bank
OF SOUTHWEST FLORIDA

Rutenberg Park improvements

The Lee Board of County Commissioners have awarded a contract to design improvements to Rutenberg Park, located at 6500 South Pointe Boulevard in Fort Myers. The design will include eight new pickleball courts, shade structures, ADA-accessible restrooms and new sidewalks and pathways that will connect the pickleball courts and restrooms with the existing playground, tennis courts and parking lots. Improvements will also include ADA parking lot upgrades. The \$136,500 contract is with Fort Myers-based Barraco and Associates. It will take about nine months to complete the design, permitting and survey portion of the project.*

From page 20

Moments In Time

browser he dubbed World Wide Web became the means of exploring the emerging information network that developed into the Internet. • On April 29, 2004, the World War II Memorial opens in Washington, DC, providing overdue recognition for the 16 million American men and women who

served in the war.

NOW HERE'S A TIP

- A great idea for mini ice packs: Freeze ketchup packets you get from takeout food. They are great for icing small bumps or bug bites.
- Spread a teaspoon of peanut butter thinly on a paper plate. Then when the dog is busy with its treat, you can trim its nails. Or sometimes just having it nearby as a promised treat can do the trick to distract your pet. Good luck!
- "One of the things I do each spring (and fall) is to go through my makeup and toss the old items. I also restock my first-aid kit and get new bottles of sunscreen and bug spray to keep in my car kit, so I will always have it around." – EA in California
- Love beans but trying to save a little money? Don't be intimidated by dry beans; just rinse them and chuck them in the slow cooker. Add water according to package directions and cook on low for up to eight hours. After they cool, you can bag them in freezer-safe, zipper-top bags and freeze them for easy use later.
- "On a health kick: Step one is to keep a food and activity diary for a week. You can get an idea of what you eat, what times of the day you are overeating and the areas where you can make improvements. Knowledge is power!" – VR in Oregon

- JD of Massachusetts writes: Mix ½ cup vinegar and a chamomile tea bag in a pan of medium hot water. Let cool slightly and soak feet for up to 10 minutes. Follow up with foot powder or deodorant.
- Now, here's a good reason not to neglect checking your spam email folder from time to time: A Michigan woman bought a lottery ticket online but forgot about it until, opening said folder days later in search of a missing message, discovered that she'd won \$3 million.

STRANGE BUT TRUE

- In 1985, a sting operation dubbed Operation Flagship mailed letters offering free tickets for Washington Redskins games to fugitive criminals. More than 100 arrests resulted, including two of America's top 10 most wanted.
- Domino's Pizza Group has its own registered Tartan in its brand hues of red, white and blue.
- In 2007, Ben Carpenter got the most terrifying ride of his life when his wheelchair's handles were caught in the grill of a semi-trailer. Carpenter was pushed for several miles at a speed of over 60 mph before a pair of police officers followed the truck to its place of business and informed the stunned driver. The chair's wheels had to be replaced, but Ben survived without injury.
- FedEx's founder nearly bankrupted

his company with a Las Vegas trip, in which he used the corporation's last \$5,000 to play blackjack. Fortunately, he managed to turn the sum into \$27,000 and keep things running until he obtained more funding. • The movie *Babe* required one animatronic and 48 real pigs, due to their rapid growth rate. • Remember playing "Simon Says" in your youth? In France, it's "Jack Says"; in Norway "The King Commands"; in Japan "Teacher Says" and in Ireland "O'Grady Says". • In 1920, Anoka, Minnesota, became the first U.S. city to put on a Halloween celebration, in an effort to distract kids from playing Halloween pranks.

THOUGHT FOR THE DAY

"Winning doesn't always mean being first. Winning means you're doing better than you've done before." – Speedskater Bonnie Blair

TRIVIA TEST

1. **Human Anatomy:** How many miles of blood vessels does the average human have?
2. **Geography:** What degree is assigned to the International Date Line?
3. **Movies:** Which Looney Tunes character's catchphrase is "You're

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LOST & FOUND

LOST BLACK ZIPPERED BRUSH CASE
I am a full-time artist on the island and I lost my brush case full of watercolor brushes, pens and pencils etc. over a week ago, somewhere along Middle Gulf Drive. It's a black zippered case. I offer a \$100 reward if you find it. These brushes are of high sentimental value to me. Please contact me at shadjebi@gmail.com
3/25 ★ TFN


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CAREGIVER
We are seeking a caregiver for an elderly woman with experience, for two 24 hour shifts every other week and PRN (as needed). Must be caring and compassionate, and able to complete personal care tasks like bathing, dressing, eating, grooming and daily med intake. Also assist with physical transit. Contact Lisa 239-395-0153.
1/21 ★ TFN

Shore Fishing:



Don't Harm The Fish
by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.



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